CONDUCTING CYCLING ACTIVITIES IN A COVID-19 ENVIRONMENT

SUPPLEMENT VICTORIA PLAN

Version 1.0 | 1 NOVEMBER 2020
Introduction

AusCycling is the national sporting organisation (‘NSO’) for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Club and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment (the AIS Framework) and the Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment (the OCA Framework), and the National Principles outlined in each.

It is important to note the AusCycling Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions.

We note that this is an evolving situation and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities.

When assessing your event it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements and resources and direction can be found at: https://www.dhhs.vic.gov.au/coronavirus

Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training**: casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching**: Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills.
- **Events**: Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport).

This supplement has been developed with reference to the Victorian COVID safe plan, AusCycling Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment, noting that there will be some instances where Victoria’s approach differs as noted below.

About Cycling in Victoria

Cycling in Victoria is administered by the AusCycling state management. The AusCycling Victorian Office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for
Victoria and keep them updated. Additionally the AusCycling Victoria Office has completed a COVID safe plans.

State Specific Information as at 28th October 2020
The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

<table>
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<tr>
<th>GENERAL PRINCIPLE</th>
<th>RECREATIONAL RIDING AND TRAINING</th>
<th>COACHING AND INSTRUCTION</th>
<th>EVENTS AND COMPETITION</th>
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| • If you have any symptoms of coronavirus (COVID 19) get tested and stay home.
  • Fitted face coverings must be worn where necessary, unless a lawful exception applies.  
  • (Metro Melbourne) You can travel up to 25km from your home to exercise. You can travel 25km from your workplace to exercise, with an appropriate worker permit.  
| • Fitted face masks are not required when doing any physical activity where you are out of breath or puffing.  
  • You must carry a face mask with you and wear it when you finish exercising.  
| • Coaches, officials and those providing instruction must keep a record of the details of all persons attending training or competition.  
  • Coaching and Commissaire assessments may be conducted outdoors if unable to be completed remotely.  
| • Outdoors contact and non-contact sport permitted.  
  • Coaching personnel and commissaires (without age restrictions) required to sufficiently conduct competition may participate (Not counted as part of the minimum number of competitors).  

Communication
Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources
AusCycling has collated and developed a number of COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templates are now available at http://auscycling.com.au

For more information please contact craig.eastwood@auscycling.org.au