Introduction

AusCycling (AC) is the national sporting organisation ('NSO') for cycling in Australia. AC has developed Guidelines for the Conduct of Cycling in a COVID-19 Environment and Guidelines for the Conduct of Events in a COVID-19 Environment to assist State Offices, Clubs and Members to conduct cycling activities during the COVID-19 pandemic. The AC Guidelines address key elements within the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment (the AIS Framework) and the Outdoor Council of Australia Framework for Rebooting Outdoor Activities in a COVID-19 Environment (the OCA Framework), and the National Principles outlined in each.

It is important to note the AC Guidelines have been developed as an overall framework for the conduct of the sport in the COVID-19 environment, however they must be used within the specific State and Territory requirements. Some State and Territory Governments require sports organisation or events to have specific local COVID-19 plans addressing specific restrictions.

We note that this is an evolving situation, and each State and Territory will have a different approach and timelines on restrictions which may result in different requirements at various times. Ultimately, public health policy and Federal, State and Territory Government directives will govern the conduct of any cycling activities.

When assessing your event, it is critical that you understand the current status of COVID-19 at a national, regional and local level.

Specific requirements and resources and direction can be found at https://coronavirus.tas.gov.au/

Scope and Purpose

The purpose of the plan is to ensure Host Organisations (clubs, coaches, event organisers) of cycling program provide a COVID safe environment and have up-to-date information on local requirements.

LET’S RIDE TOGETHER

The non-contact nature of cycling generally allows riders maintain a distance of greater than 1.5m whilst riding to ensure safety and good sightlines. Cycling is generally also an outdoor activity (except in the case of indoor velodromes).

Descriptions of cycling activities referenced in these guidelines include:

- **Recreational Riding and Training**: casual or performance purpose riding organised by individuals or affiliated clubs.
- **Instruction and Coaching**: Cycling activities conducted under the guidance of a coach or instructor to an individual or group to improve performance and skills.
- **Events**: Competitive or Recreational cycling events in all disciplines (road, track, mountain bike, cyclo-cross BMX Racing, BMX Freestyle, Para-cycling, ESport)

This supplement has been developed with reference to the Tasmanian Public Health Services, AC Guidelines to the conduct of Cycling Activities in a COVID-19 Environment and the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a COVID-19 Environment, noting that there will be some instances where approach differs as noted below.

About Cycling in Tasmania

Cycling in Tasmania is administered by the AusCycling state management. The AusCycling Tasmania Office is responsible for ensuring that the COVID-19 supplemental guidelines for cycling meet the requirements for the Tasmania and keep them updated. Additionally, AusCycling Tasmania Office has completed a COVID-19 Safety Plan.
State Specific Information (current as of 30th September 2020)
The following information is additionally specific to the AusCycling Guidelines for the Conduct of Cycling in a COVID-19 Environment.

<table>
<thead>
<tr>
<th>GENERAL PRINCIPLE</th>
<th>Recreational Riding and Training</th>
<th>Coaching and Instruction</th>
<th>Events and Competition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gathering limits are in place.</td>
<td>Where practical, riders should maintain 1.5 metres from other people.</td>
<td>Organised outdoor and indoor training sessions can be conducted.</td>
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</tr>
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<td>Where practical, riders should maintain 1.5 metres from other people.</td>
<td>Larger groups should consider maintaining some small group separation at training.</td>
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<td>Gatherings are limited to 1,000 people (including athletes and support staff) in the outdoors of a premises.</td>
<td>Non-essential social gatherings should be limited.</td>
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</tr>
<tr>
<td>Gatherings are limited to 250 people for an undivided space in an indoor premises, or a maximum of one person per 2 square metres under the density limit, whichever is less.</td>
<td></td>
<td>Non-essential social gatherings should be limited.</td>
<td></td>
</tr>
</tbody>
</table>

Communication
Communication of this plan and other AusCycling COVID-19 resources to members and clubs will be done through direct emails and via the AusCycling Website.

More Information and Resources
AusCycling has collated and developed a number of COVID-19 resources to ensure cycling activities can be conducted in a safe fashion. More information including templates are now available at http://auscycling.com.au

For more information please contact shellie.wakefield@auscycling.org.au